

Your WellFemme Consultation Booking Guide

Supporting you every step of your menopause journey.



Before you book

- You must be in Australia during your appointment time.
- Review our Booking Terms & Conditions and appointment types, either [Doctor Appointments](#) or [Nurse and Allied Health Appointments](#).
- Meet our expert menopause clinicians [HERE](#).

Choose Your Appointment Type

Doctor Appointments

New Patients

- Select the “**New Patient**” appointment.
- After your appointment, a **Medicare rebate of \$125.10** is payable.
- 💡 Tip: For the earliest availability, select an **individual doctor’s name** from the dropdown menu.
- Concession holders: Receive \$130 off Premium appointments (1 in 8 available).
- (Not available for DVA or Student concessions)
- Don’t forget to add your **concession/pension card number** in the appointment notes.

Existing Patients

- Book a **20-minute Review** with your treating doctor.
- If you can’t find your usual doctor, **contact us first** — please don’t book with someone new.
- Concession rates are available (add your updated card details if they have changed).

Prescription-Only (Existing Patients)

- If you’ve had a **Review within the last 9 months** and only need repeat prescriptions, **you can submit a script request** [\[HERE\]](#) for faster service.
- Please note: Your doctor may still request a consultation if needed.

Choose Your Appointment Type

Nurse Appointments:

Our nurse consultations are ideal for **education, counselling, and ongoing support**, including:

- 🌸 **Peri/menopause guidance and health coaching**
- ❤️ **Chronic condition management support**
- 📝 **Treatment plan assistance**

⚠️ **Please note:** Nurses cannot prescribe medications or order tests.

How to Book – It's Easy!

Select your practitioner from the dropdown menu.

Choose your date & time (adjust your timezone in the top-right corner).

- If no appointments are showing, scroll week by week or click **“View Calendar.”**
- Available days will appear in **lilac**.

Enter your details, including timezone and any special notes.

Payment: 50% deposit at booking + 50% at consultation (transaction fee: 1.5% + \$1)

What Happens Next?

- ✉️ Confirmation email sent immediately (**check spam/junk folder**).
- 📄 Intake form emailed before your appointment (**for New Patients & Reviews**).
- 💻 Telehealth link sent 3 days before your appointment.
- 📱 SMS reminder sent the day before.

On the day: Simply **click your Telehealth link**. If there are any technical issues, your doctor will call you directly.

Need Help?

- Can't find a suitable time? **Join our waitlist** and we'll do our best to accommodate you.
- Having booking troubles? Call our friendly team on **(02) 6179 8724**
(Monday–Friday, 9am–5pm)
- 🖱️ [\[Click here for Waitlist\]](#)
- ⚠️ Important: Never email test results or medical information. Please share these securely during your consultation.

At WellFemme Every woman's menopause journey is unique. Our team is committed to providing personalised, compassionate care that supports your health, lifestyle, and needs — wherever you are in Australia.