



## LOOKING FOR TRUSTED, EXPERT SUPPORT AROUND PERIMENOPAUSE & MENOPAUSE? SEE HOW WELLFEMME CAN HELP YOU BELOW.

### CLINICAL SERVICES

- FREE online menopause assessment tool
- Telehealth consults with expert clinicians
- Long, holistic menopause assessments
- Hormonal advice and treatment, symptom management and lifestyle support
- Access in rural, remote and busy metro areas

### NEXT PHASE WOMEN'S WELLNESS PROGRAM

- A comprehensive menopausal health education and support program delivered online.

### BOOK A CONSULTATION:

**[WWW.WELLFEMME.COM.AU](http://WWW.WELLFEMME.COM.AU)**

Contact Us  
[www.wellfemme.com.au](http://www.wellfemme.com.au)  
e: [hello@wellfemme.com.au](mailto:hello@wellfemme.com.au)  
t: 02 61798724.

### WORKPLACE MENOPAUSE EDUCATION & SUPPORT

- GP-led webinars for employees & leaders
- Menopause toolkits & internal support
- Confidential Telehealth GP consults for staff
- Online learning to embed menopause awareness into wellbeing programs



Scan the QR for more information & your **FREE** online Menopause Assessment tool